City mini-guide

Vancouver

CP Air

For your holiday enjoyment CP Air offers mini-guides for the following cities:

Amsterdam	Mexico
Athens	Montreal
Buenos Aires	Rome
Hong Kong	San Francisco
Honolulu	Santiago
Lima	Tokyo
Lisbon	Toronto
Madrid	Vancouver

CP Air

WHAT ABOUT THE WEATHER?

Seasons:
Main tourist, May through September. Busiest in July, August. International (Arts) Festival, July.

Climate:
Wonderful, temperate with long sunny summers. Mild winter and early spring.

Temperatures: (Average, in °F):

	J	F	M	A	M	J	J	A	S	O	N	D
Max.	42	46	51	58	65	70	74	74	67	58	49	44
Min.	33	34	37	42	47	52	55	54	50	45	39	35
Days of Rain	5	5	4	2	2	1	1	1	2	5	5	6

Wear lightweight suits, slacks, cottons, sandals in summer. Take sunglasses, light or rain coat, coverup for evenings. In winter: medium-weight suits, pullover, topcoat for men; tweeds, woollen suits, dresses, warm topcoat for ladies. Rainwear. Formal evening dress unnecessary — business suits, cocktail dresses will do.

WARNING: Be careful sunbathing. Take it slowly at first and use protective lotion liberally.

Time:
Pacific Standard. Daylight Saving April to October.
GMT — 8 EST — 3 GET — 9

Language: English.

MONEY MATTERS

100 Canadian cents (¢) = 1 Canadian dollar ($1.00)
Rates of exchange: $1.00 = 93¢ (US)
$2.60 = £1 sterling

NOTE: Both rates liable to slight fluctuations. US currency generally acceptable in Canadian cities close to US border, but it is advisable to exchange money at bank to get full benefit of premium.

	Canadian		US	Sterling
Coins	1¢	(penny)	1¢	1d
	5¢	(nickel)	5¢	5d
	10¢	(dime)	10¢	10d
	25¢	(quarter)	25¢	2s 1d
	50¢		47¢	3s 10d
	$1.00		93¢	7s 9d
Notes	$1.00		93¢	7s 9d
	$2.00		$1.86	15s 6d
	$5.00		$4.65	1.18.9d
	$10.00		$9.30	3.17.6d
	$20.00		$18.60	7.15s
	$50.00		$46.50	19.7.6d
	$100.00		$93.00	38.15s

Exchange at banks (open Mon.-Fri. 10-3 p.m.). Travellers cheques, major credit cards widely accepted. No restrictions on Canadian or foreign currency imported into Canada. Only $50.00 may be taken out in Canadian funds.

VANCOUVER AIRPORT

Vancouver Airport facilities are in one large, et-age terminal, opened in the Fall of 1968. The airport maintains private rooms with showers for in-transit passengers, as well as nursery facilities for children.

The airport has a cafeteria, coffee shop, dining room, bar, barber shop, post office and foreign exchange and banking services. The public reception areas are spacious and restful, and the view toward the mountains of Vancouver's north shore is breathtaking.

On prior notice, Canadian Pacific offers interpreter services, and special attention for the infirm. Mothers with young children receive special care.

A stay of an hour, or hours, within the airport building can be a most pleasant and relaxing experience and Canadian Pacific Special Service personnel are always available.

The airport is less than a half hour from downtown with taxi, and limousine service available.

NEW VANCOUVER AIRPORT

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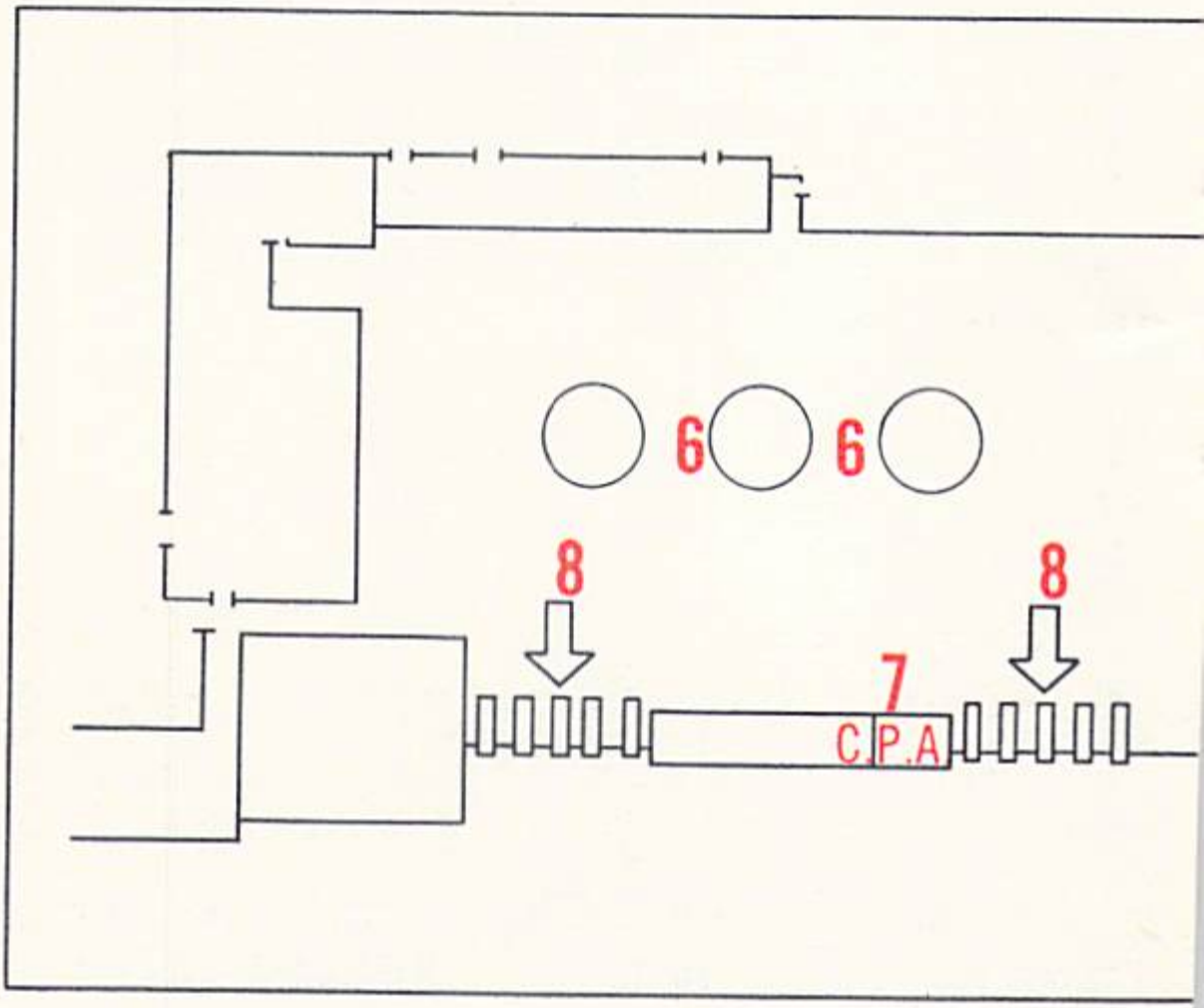
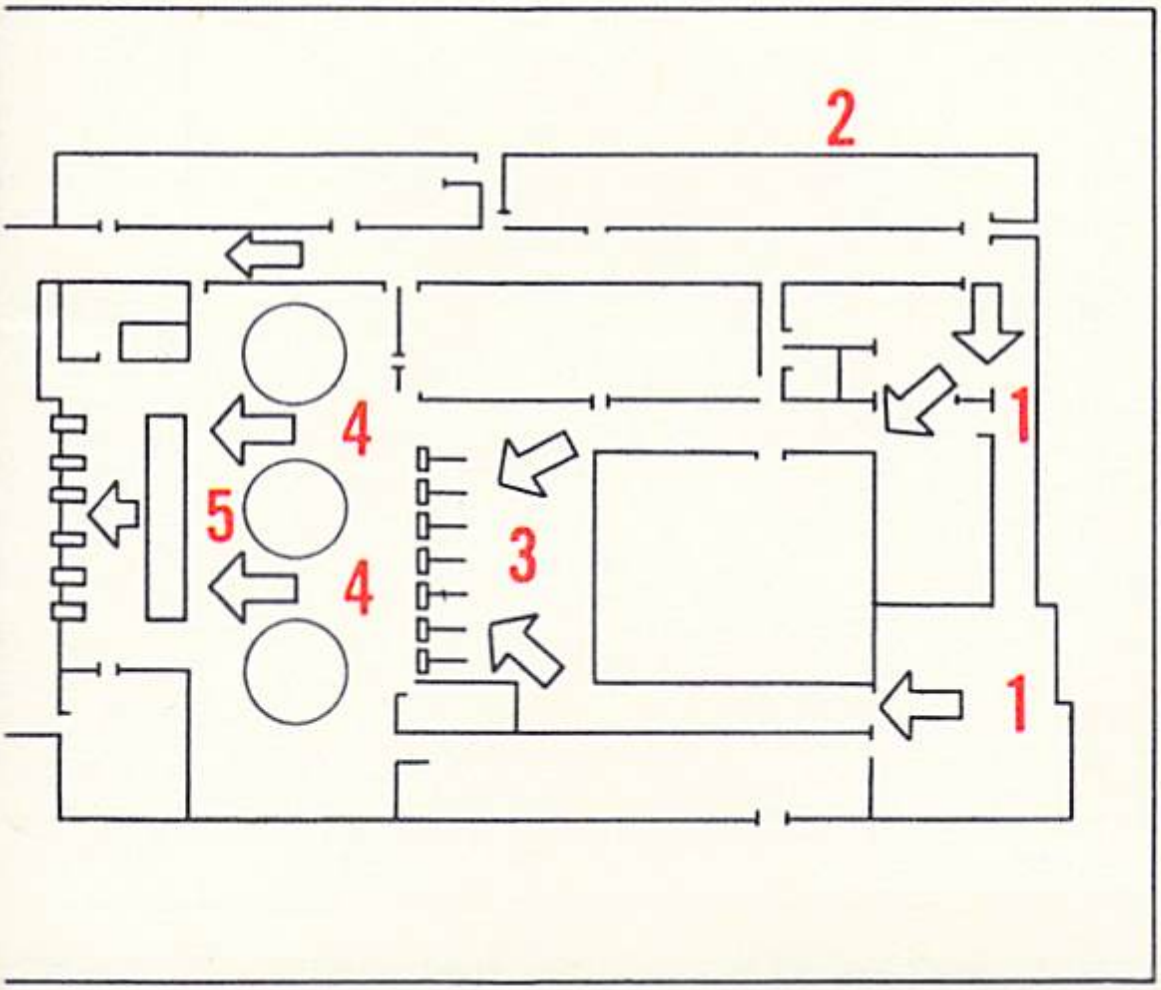
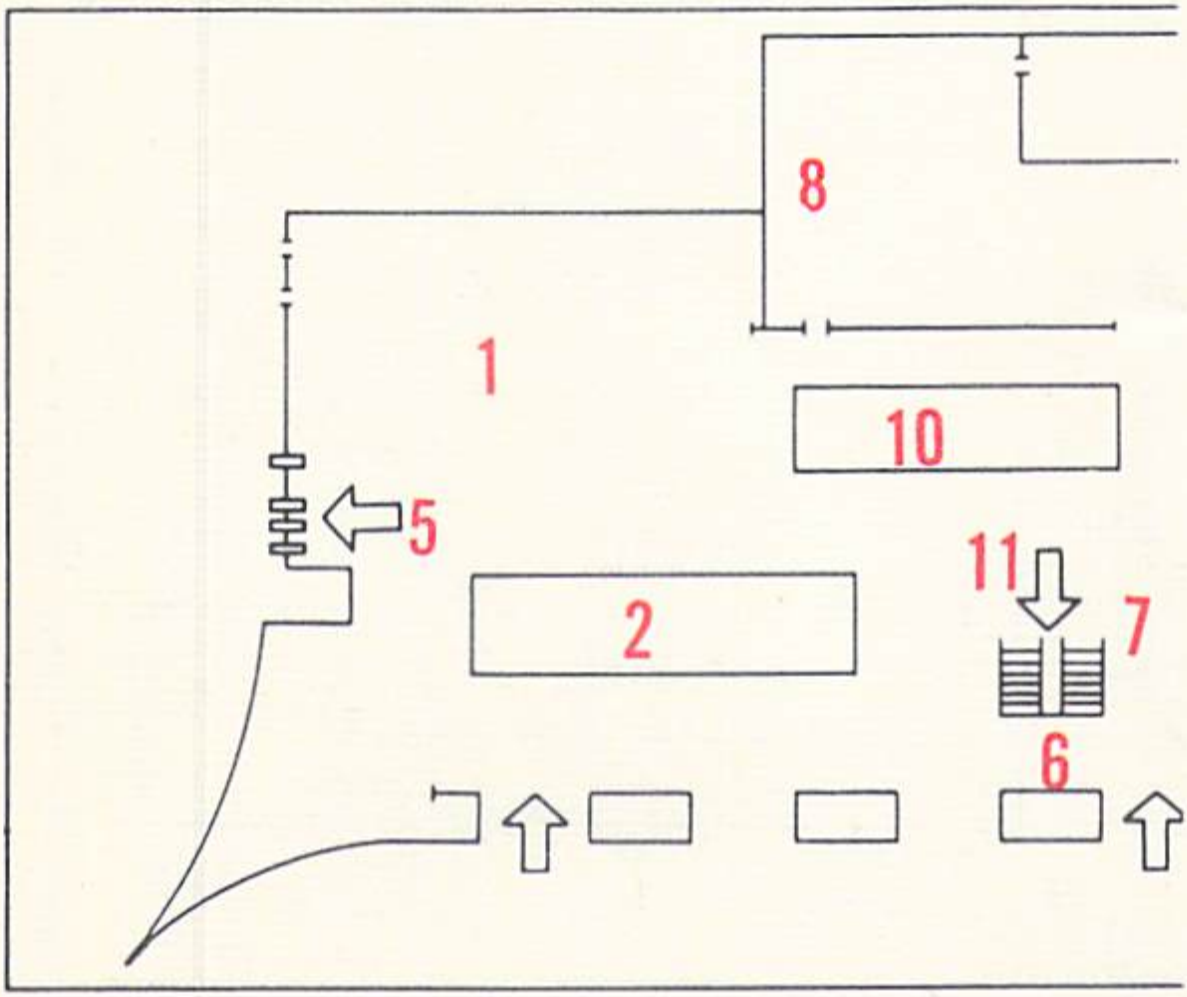


ARRIVALS

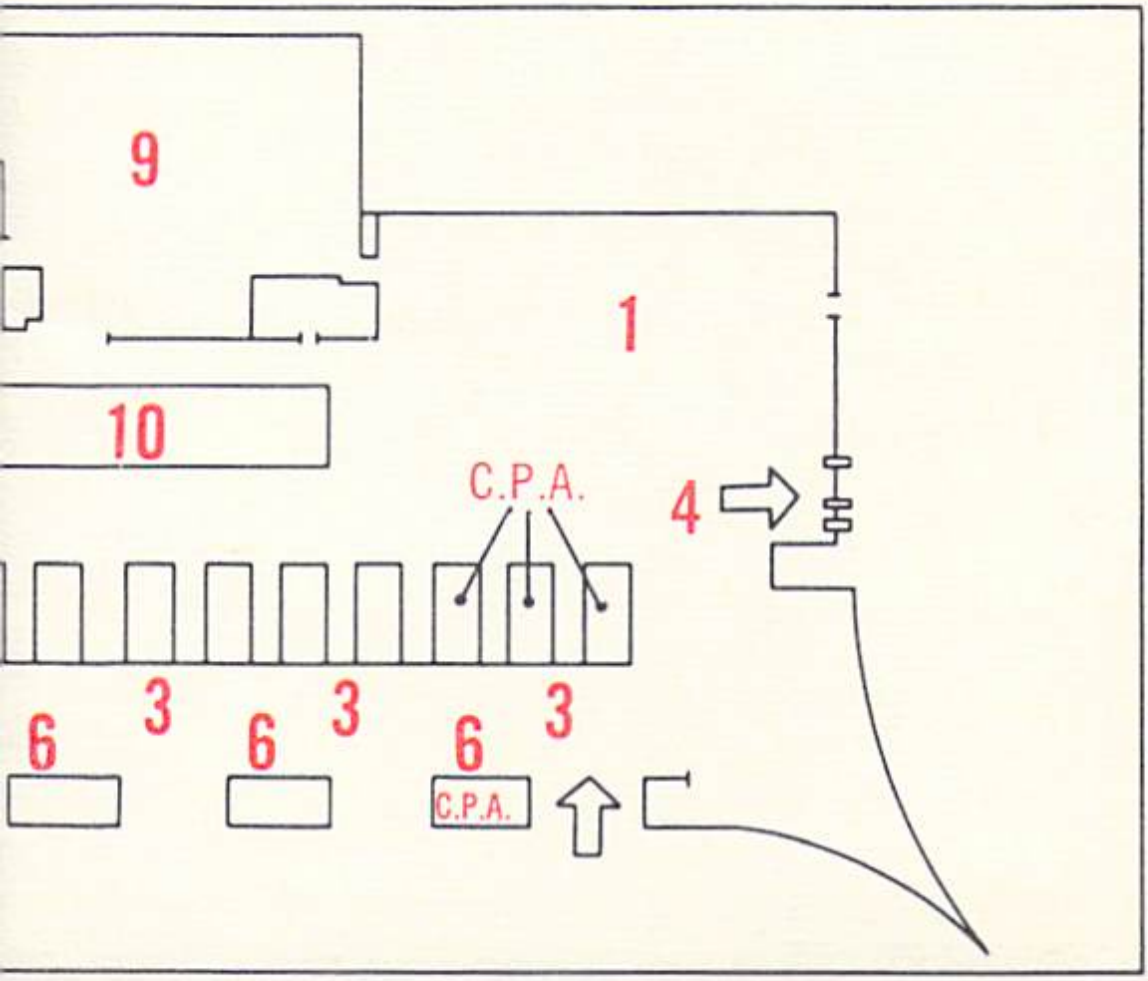


NEW VANCOUVER AIRPORT

1. Waiting Lounge 2. Baggage Check-in (P.W.A., Air Can.) 3. Baggage Check-in (U.A.L., W.A.L.) 4. To Departure Gates (C.P.A., U.A.L., W.A.L.) 5. To Departure Gates (Air Can.) 6. Tickets



7. Domestic, Int. In Transit Baggage Claim 8. Coffee Shop 9. Dining Room 10. Shops 11. To Ground Floor.



TIPPING

Use 25¢ as you would a shilling, 10¢ as 6d.

Hotels do not generally add a service charge to bill.
Bellhops, Porters: 25¢ per bag or service.
Doorman: 25¢ for calling occasional cab; $1.00 per week for long stay.
Maid: $1.25 per week.
Restaurants: 10-15% of bill to waiter.
Taxis: 10% of fare.
Barber, Beauty parlour: 10-15% of bill.
Bars: 10-15% of bill.
Hatcheck, Washroom: 25¢
Parking Attendant: 25¢
Shoeshine: 10¢
Gas Station: No tip necessary when buying gas (petrol).

EUROPEAN SIZE CONVERTER

WOMEN Dresses and suits

Eur.	40	42	44	46	48	50
Can./Amer.	34	36	38	40	42	44

MISSES Dresses and suits

Eur.	36	38	40	42	44	46
Can./Amer.	10	12	14	16	18	20

TEENAGERS

Eur.	34	36	38	40
Can./Amer.	9	11	13	15

Children (By age)						
Eur.	2	4	5	7	9	11
Can./Amer.	2	4	6	8	10	12
MEN Suits and coats						
Eur.	46	48	50	52	54	56
Can./Amer.	36	38	40	42	44	46
MEN Shirts						
Eur.	36	37	38	39	40	41
Can./Amer.	14	14½	15	15½	15¾	16
SHOES						
Eur.	38	39	40	41	42	43
Can./Amer.	5	6	7	8	9	10

Gloves, socks, stockings sold in uniform sizes all over the world.

Weights: 1 kilogram = 2.2 pounds (lbs.).

Liquid measure: 1 litre = 1.76 pints
5 litres = 1.32 gallons
10 litres = 2.64 gallons

Distances: 1 kilometer = .62 miles
1 mile = 1.61 km

To turn miles into kilometers — multiply by 8 and divide by 5.

To convert degrees centigrade into degrees fahrenheit — divide centigrade reading by 5, multiply by 9 and add 32.

FINDING YOUR WAY AROUND VANCOUVER

Pages 16 and 17 show a map of the main downtown area, marking principal streets and enumerating many places of interest:
In subsequent sections of this book there is more information on these and many other attractions, with map references in the left hand margin wherever applicable.

HOTELS

For complete listing apply Vancouver Visitors Bureau (see page 31). Approximate prices quoted here in Canadian dollars are for single room during the summer season, with bath, no meals. Most offer special rates for children.
Credit Cards accepted are indicated following listing as:
D. — Diner's Club A.X. — American Express
B. — Bankamericard, Chargex

Starting from $15.00 to $20.00

5 **BAYSHORE INN** (1601 W. Georgia, tel.: 682-3377) 525 air cond. rooms, suites overlooking Stanley Park and harbour. **Terrace Grill** Restaurant, **Trader Vic's** (see RESTAURANTS). Heated pool. Marina. Shopping. All credit cards.

20 **GEORGIA HOTEL** (801 W. Georgia, tel.: 682-5566) 320 well-appointed rooms, centrally located.

Cavalier Grill, The Coffee Garden; ample parking. Meeting salons. Boutiques. D., A.X.

14 **HOTEL VANCOUVER** (900 W. Georgia, tel.: 684-3131) 562 rooms, suites. Fine food, courteous service. Magnificent view from Panorama Roof restaurant (dancing nightly). Boutiques, beauty salon, barber. D., A.X., B.

Starting from $11.00 to $15.00

18 **DEVONSHIRE** (849 W. Georgia, tel.: 681-5481) 175 rooms. Old-established, quiet and comfortable. Rest., shopping, beauty salon, Free Park., D., A.X., B.

3 **GEORGIAN TOWERS** (1450 W. Georgia, tel: 681-4321) 200 rooms and suites, overlooking Stanley Park. Famous Top of the Towers coktail lounge and restaurant. Dancing. D., A.X., B.

74 **GROSVENOR HOTEL** (840 Howe, tel: 681-0141) Central, comfortable. 137 rooms, good restaurant.

64 **RAMADA INN** (1110 Howe, tel: 684-2151) Luxurious motor hotel. 107 rooms, heated pool, ample parking. Dancing Tues-Sat. Dining Room, coffee shop.

81 **RITZ HOTEL** (1040 W. Georgia, tel: 685-8311) 110 luxurious rooms; excellent food and service. Cabaret, beauty salon. D., A.X., B.

87 **SANDS MOTOR HOTEL** (1755 Davie, tel: 682-1831) 100 rooms, suites. Close to beach, park, shops. Direct line from airport.

Starting from $9.00 to $12.00

83 **BUCHAN HOTEL** (1906 Haro, tel: 685-0589) Close to Park and beaches. 64 rooms, most with bath. Dining Room.

55 **CASTLE** (750 Granville, tel.: 682-2661) On main shopping street. 74 comfortable rooms. Rest. on Theatre row. A.X., B.

84 **SYLVIA HOTEL** (1154 Gilford, tel.: 681-9321) 110 rooms, suites. Dining room, coffee shop. Parking. Beach across street.

Apartment Hotels: Starting at $10.00

85 **OCEANSIDE** (1847 Pendrell, tel: 682-5641) 23 apartments, every convenience.

86 **SURF** (1861 Beach Ave., tel: 684-7501) 21 suites overlooking English Bay.

Off map:

AIRPORT INN (1025 St. Edwards, Richmond, B.C. tel: 278-9611) 7 minutes from airport, 122 modern rooms, dining room, cocktail lounge, coffee shop, 2 heated pools, sauna bath.

RESTAURANTS

West Coast specialty is seafood — particularly BC salmon, sole, crab and shrimp. To drink: BC beers are delicious (all bottled and cooled — no draught ale) and local wines from the Okanagan district should be sampled. Licencing hours: 11 a.m. - midnight, Saturdays 11 a.m. - 11.30 p.m.

Most hotels have pleasant cocktail lounges, but the city does not have anything comparable to the English pub or European cafe. Beer, about 40-60¢ a glass; liquor 65-95¢. Both can only be bought by the bottle at Government Liquor Stores (see SHOPPING). Among the many fine restaurants are...

2 **COLONIAL HOUSE** (1450 W. Georgia, tel: 681-4321) A good family restaurant with music, varied menus. Open daily from 7.30 a.m.

13 **FERGUSON POINT TEA HOUSE** (Stanley Park) Indoor, outdoor dining; authentic Hungarian dishes. Unlicenced. Closed Mondays.

76 **GEISHA GARDENS** (823 Hornby, tel.: 681-5461) Japanese dishes in charming surroundings. Costly, but well worth the money.

18 **HY'S ENCORE** (637 Hornby, tel: 683-7671) Also at Sands Hotel, 1755 Davie. Charcoal broiled specialties. Well-cooked food, fine service. Open Mon.-Sat. 11.30 - 2.30, 5.30 - 12.30 a.m. All cards.

12 **LADY ALEXANDRA** (550 Cardero, tel: 682-3638) Floating restaurant, specializing in seafood. Music. Open daily noon - 10 p.m. D., A.X.

45 **LOTUS GARDENS** (455 Abbott, tel: 681-9541) Authentic Chinese, Western dishes. International buffet lunch. Open 11.30 a.m. - midnight. D., A.X., B.

17 **MONTY'S SEAFOOD & STEAK HOUSE** (1139 W. Hasting, tel: 683-7849) Delicious food at reasonable prices.

67 **PRIMO'S** (1509 W. 12 Ave., tel: 736-9322) Excellent Mexican food.

43 **QUEEN ELIZABETH THEATRE RESTAURANT** (675 Cambie, tel: 682-2352) English, French cuisine; noted for prime rib, steak. Summer dining on the Plaza. Book ahead. Closed Sunday.

79 **SCHNITZEL HOUSE** (1060 Robson, tel: 682-9017) Popular German dishes at popular Canadian prices. Closed Sunday.

26 **SMITTY'S PANCAKE HOUSE** (780 Dunsmuir, tel: 683-2435) Taste the only genuine buffalo-burger in town! Unlicenced.

11 **STANLEY PARK DINING PAVILION** — see page 20.

13 **THE BEACHCOMBER** (1049 W. Georgia, tel: 682-2234) First-class Polynesian and Cantonese cuisine, most attractively served in "island" setting. Open 5 - 12 p.m.

22 **RED FOX RESTAURANT** (639 Howe, tel: 688-1231) Open for lunch Mon.-Fri., dinner on Saturdays. Closed Sunday. Specialty: charcoal broiled steaks. All cards.

6 **TRADER VIC'S** (1601 W. Georgia, tel: 682-3377) Famous Polynesian restaurant. Also Conti-

nental menu. Exotic surroundings. Open noon-midnight. D., A.X.

49 **WILLIAM TELL** (722 Richards, tel: 683-8810) Swiss specialties, notably their fondue. 14th century Swiss decor, music. Open 6 - 11.30 p.m. D., A.X., B.

And among the many fine restaurants in Chinatown are:

47 **BAMBOO TERRACE** (155 E. Pender, tel: 683-1935) Choice of 100 dishes. Crowded, so make reservations. Open 11 a.m. - 2 a.m.

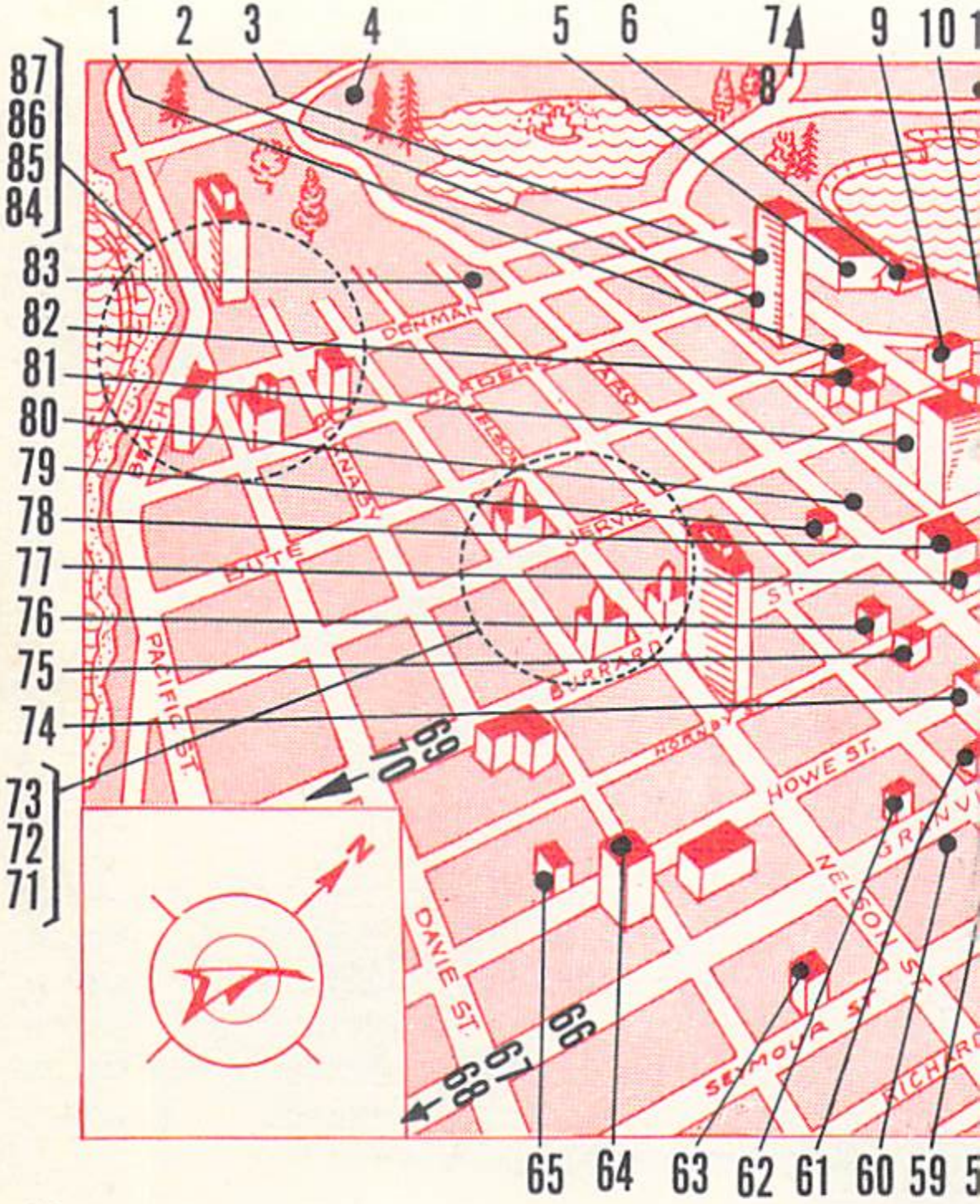
46 **MARCO POLO THEATRE RESTAURANT** (90 E. Pender, tel: 682-2875) Music, floorshow, Chinese smorgasbord — all you can eat for less than $2! Cover charge. Open noon - 2.30 and 5 p.m. - 2 a.m.

44 **W.K. GARDENS** (127 E. Pender, tel: 681-6642) Oldest and largest in Chinatown. 8.30 p.m. - 1 a.m. Dancing. D., B.

Off map, but a must:

TOP OF GROUSE (3000 ft. above the city, take the Skyride) Dine and dance at the **Grouse Nest** (reservations 985-7188) from 6 p.m. - 1 a.m.: **Grouse Nest Lounge** open 11 a.m. - midnight. **Alpine Coffee House** open 9 a.m. - 11 p.m. **The Rock** (Bavarian Beer Garden) from 11 a.m. to midnight.

DOWNTOW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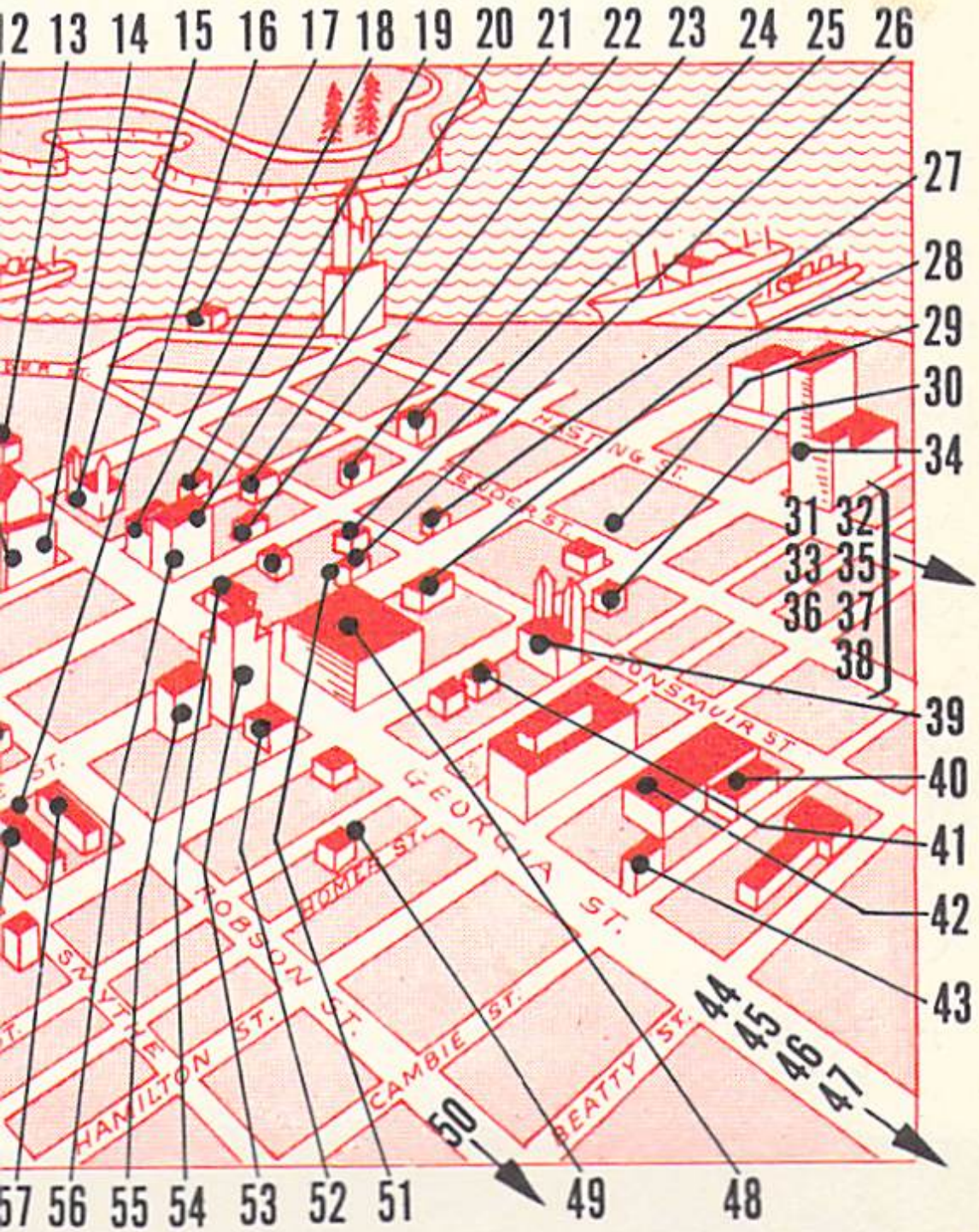
VANCOUVER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CAMBIE ST.
BEATTY ST.

NIGHTCLUBS

Nightclubbing is not such a social feature as in Europe or the USA, where licencing laws are less stringent. Most Vancouver clubs welcome visitors without formality, but it is advisable to check first with local press and hotel for up-to-date information. For the best in late-night entertainment, visit. . .

82 **ISY'S SUPPER CLUB** (1136 W. Georgia, tel: 684-5022) International entertainers top the bill with two shows nightly. Dine downstairs from 7 p.m. - 2 a.m. Cover charge. Upstairs, **Roaring 20's Room** offers jazz, smorgasbord from noon - 2 a.m. Closed Sundays. All cards.

32 **SHANGHAI JUNK** (442 Main, tel: 683-9938) Chinese food, Rhythm & Blues in the heart of Chinatown, nightly floorshows.

33 **NEW DELHI CABARET** (544 Main, tel: 682-9616) Twice-nightly floorshow. Dancing till 3 a.m. Curry dishes.

63 **PENTHOUSE** (1019 Seymour, tel: 683-2111) Delicious Italian food, steaks. Dancing 8 p.m. to 4 a.m. Cover charge. Exotic dancers. D., A.X., B.

21 **THE CAVE** (626 Hornby, tel: 683-3677) Lavish floorshow, top-line talent. Dinner from 7 p.m., dancing till 2 a.m. Closed Sundays.

65 **TORCH CABARET** (1129 Howe, tel: 682-9630) Dining, dancing, floorshow from 10 p.m. to 6 a.m. Closed Sunday, Monday.

MUSEUMS AND GALLERIES

9 **VANCOUVER ART GALLERY** (1145 W. Georgia) Fine permanent collection of paintings, (Emily Carr), sculpture, Indian works. Top flight current exhibits. Shop. Open Mon.-Sat. 10-5, Wed. & Fri. 10-10, Sun. 2-5 p.m. Admission charge.

38 **BRITISH COLUMBIA BUILDING** (Exhibition Park) Permanent display relating to Province. **Lipsett Indian Collection** (open daily 11 - 5 p.m., admission free) shows tribal relics, art, costumes. Dogwood Cafeteria open 9 - 5 p.m.

36 **OLD HASTINGS MILL** (Alma) One of the few buildings to survive the 1886 fire. Now houses relics of early Vancouver.

78 **VANCOUVER PUBLIC LIBRARY** (Burrard at Robson) One of the finest and most modern in Canada.

10 **WAX MUSEUM** (Hornby and W. Georgia) Duplicates of originals to be found in Madame Tussaud's in London, England.

ff map . . .

CENTENNIAL MUSEUM (1100 Chesnut St., tel: 736-4431) Human & Natural history of N.W. coast. Also MARITIME MUSEUM. Historical maritime items, ship models, R.C.M.P. ship St. Roch in dry dock. Also H. R. MACMILLAN PLANETARIUM. All 3 have special shows. Phone for schedule & times. Various admission charges.

STANLEY PARK

World-famous 1,000-acre retreat in the heart of downtown Vancouver, between the Burrard Inlet and English Bay. Following the one-way Marine Drive from Georgia St. entrance to English Bay exit, you'll see:

Lost Lagoon with illuminations, resident population of mallards and swans; **Coal Harbour, Vancouver Rowing Club, Royal Vancouver Yacht Club** and **HMCS "Discovery"**, naval establishment on **Deadman's Island; Nine O'Clock Gun,** fired every night; **Brockton Point** with lookout, lighthouse, cricket pitches; **Chehalis Monument, "Empress of Japan" Figurehead** from the old CP Steamship; **Lumbermen's Arch** of cedar logs; Canadian-Japanese **War Memorial;** Seawater pool; Indian **Totem Poles; Prospect Point** and magnificent totem; **Siwash Rock; Third Beach** and the **Pauline Johnson Memorial; Ferguson Point,** and year-round restaurant; **Second Beach** and bathing pool; **Seven Sisters,** giant cedars; **Zoo** and **Aquarium** in beautiful setting; **Malkin Bowl,** open-air theatre **Dining Pavillion, Picnic Grounds, Rockeries, Rose Garden, Shakespeare's Garden** and the fabulous imported water lilies on **Beaver Lake.** Also bridle trails, footpaths, bowling greens, putting and miniature golf course, public tennis courts.

PLACES OF WORSHIP

73 **ST. ANDREW'S WESLEY** (1012 Nelson) United Church of Canada. Services 11 a.m., 7.30 p.m. Sunday.

15 **CHRIST CHURCH CATHEDRAL** (Georgia at Burrard) Anglican. Sunday services at 8, 9.30, 11 a.m., 7.30 p.m. Weekdays at 12.10 p.m. Tues.; 7.30, 11 a.m. Thurs.

39 **HOLY ROSARY CATHEDRAL** (646 Richards) Roman Catholic. Masses Sunday at 6, 8, 9, 10, 11 a.m., 12.15, 5 and (folk mass) 8 p.m. Daily at 7.15 a.m., 12.10, 5.10 p.m.

72 **FIRST BAPTIST CHURCH** (969 Burrard) Church School 10 a.m., services 11 a.m., 7.30 p.m. Sundays. Prayer Meeting 8 p.m. Wed.

1 **FIRST CHURCH OF CHRIST, SCIENTIST** (1160 W. Georgia) Reading Room at 832 Dunsmuir. Sundays at 11 a.m., 7.30 p.m.

71 **CENTRAL PRESBYTERIAN** (1100 Thurlow) Sunday at 11 a.m.

68 **SYNAGOGUE SCHARA TZEDECK CONGREGATION** (3476 Oak) Daily prayers morning and evening. English sermon.

SHOPPING

Stores open weekdays 9 a.m., close between 5 and 6 p.m. Many stay open once a week till

9 p.m. Main shopping area around Granville, W. Georgia, W. Hastings Sts. — and Chinatown (the next best thing to Hong Kong!) along E. Pender.

Prices slightly lower than Eastern Canada or USA. NOTE: Provincial Tax of 5% is added to all purchases except food. Price shown in store is **exclusive** of tax.

Very good buys in Vancouver: Imported Oriental silks, bamboowork, china, embroidery, ornaments; sportswear, leather goods, woollens, Indian handicrafts, furs

If you shop with abandon (and most people do) ask about CANADIAN PACIFIC low-cost cargo rates and save on excess baggage charges.

DEPARTMENT STORES

48 **HUDSON'S BAY COMPANY** (Granville at Georgia)

35 **WOODWARD'S** (101 W. Hastings)

34 **EATON'S** (515 W. Hastings)

SPECIALTY STORES

56 **THE LONDON SHOP** (801 W. Georgia, and the Bayshore Inn) Imported woollens, silks for ladies.

23 **PARK LANE** (515 Howe) Antiques, objets d'art.

77 **DESIGN FORUM** (923 Robson) Fine crystal, ceramics.

41 **ELYSEE FABRICS** (682 Seymour) Exclusive European imports.

16 **LANDO'S** (850 Granville) Furs, Indian and Eskimo curios. All cards.

30 **HOBBYTOWNE** (578 Seymour, tel: 684-1343) Hobbies, handicrafts, gifts, toys.

53 **HENRY BIRKS** (710 Granville) Jewellery, silver, china, antiques.

28 **JERMAINE'S** (600 Granville) Ladies' fashions, furs.

54 **EDWARD CHAPMAN** (777 W. Georgia) British woollens, ladies' wear. Men's wear at 633 Granville.

24 **CAMILLE** (762 Granville) Millinery.

75 **GOVERNMENT LIQUOR STORES** (829 W. Pender and 822 Hornby) Open 10 a.m. - 2 a.m. weekdays, to 11.30 p.m. Saturdays. Nobody under 21 allowed to buy.

For beautiful Oriental imports, visit:

27 **CHINA TEMPLE** (585 Granville)

29 **PAGODA SHOP** (601 W. Pender at Seymour, tel: 684-4735) A.X., B. Linens, orient handicrafts. Will ship.

80 **GINZA** (1045 Robson)

...and the many fascinating stores along E. Pender.

SIGHTS TO SEE IN VANCOUVER

For more details, apply Vancouver Visitors Bureau (p. 31). For means of transportation, see pages 27-28.

50 **QUEEN ELIZABETH PARK** (at Little Mountain) Panoramic view of city and harbour. Arboretum, open-air film shows in summer.

38 **EXHIBITION PARK** (E. Hastings) Vast complex of gardens, sports arena, amusement park; site of annual Pacific National Exhibition, late August.

69 **UNIVERSITY OF BRITISH COLUMBIA** (Point Grey) Magnificent campus with neo-Gothic buildings; Empire Pool, War Memorial Gymnasium, Nitobe Memorial Gardens.

Cross over Lions Gate Bridge to the NORTH SHORE and visit...

7 **CAPILANO CANYON** with its awe-inspiring falls and suspension bridge.

8 **CROUSE MOUNTAIN** Take the Skyride to the top and admire the city lights. Dine in style (see RESTAURANTS).

Many excellent city tours can be taken. See page 32.

THEATRES, MOVIES, CONCERT HALLS:

43 **QUEEN ELIZABETH THEATRE** (249 W. Georgia) has Canada's largest stage, most modern lighting and sound equipment. Home of Vancouver Opera & Symphony. Year-round programme of the best in drama, opera, ballet, music by Canadian and visiting companies. Seats from $1.75 at box office, Hudson's Bay, (downtown).

40 **QUEEN ELIZABETH PLAYHOUSE** — part of the Q.E. Theatre complex. See local papers for current programmes.

Among the many movie houses in Vancouver are:

61 **ODEON** (881 Granville, tel: 682-7468) A.X.

52 **STRAND** (600 W. Georgia) Reserved seats matinees.

51 **COLONIAL** (603 Granville)

62 **STUDIO** (919 Granville, tel: 683-1511) for foreign films. A.X.

57 **CAPITOL** (820 Granville)

58 **ORPHEUM** (884 Granville)

60 **VOGUE** (918 Granville)

66 **STANLEY** (2750 Granville)

SPORTS

This is a sportsman's paradise! Ask Visitors Bureau for advice on rental of equipment, information on special events and all details. In Vancouver you can . . .

Ski: On Mts. Seymour, Grouse, Hollyburn from November-April.

Sail: All round the coastline and islands. Vancouver Rowing Club (with).

Swim: At English Bay, Kitsilano, Second Beach, Stanley Park, Spanish Banks, Locarno, Jericho Beach.

Ride: In Stanley Park.

Fish: For B.C. Salmon, trout. Apply for non-resident licence at B.C. Travel Bureau (p. 30). At Horseshoe Bay, phone Sewell's (921-7878) for charter fishing, boat rental, etc.

Bowl: Lawn bowling in Stanley Park. Apply Sports Pavilion.

Golf: All year round at Fraser View, Gleneagles, Langara, McCleery and University courses; also Stanley Park.

Play Tennis: All year 'round on Stanley Park's fine public courts.

Go Horse Racing: At Exhibition Park (April to mid-September) and Sandown Park in Victoria.

You can watch . . .

Hockey: Oct.-April at Exhibition Park, Kerrisdale Arena.

Baseball: May-September at Capilano Stadium.

Soccer: Oct.-April at Callister Park.

Stock Car Racing at nearby Haney.

Lacrosse: April-September at Kerrisdale Arena.
Canadian Football: August-November, see the B.C. Lions in action at Empire Stadium.
Sports Car Racing at Westwood Circuit in Coquitlam.

TRAVEL IN AND AROUND VANCOUVER

By Car: Rent from agencies p. 31 Required driver's licence, BC Motor Vehicle Liability Insurance card (through your insurance agent). Drive on right. Highways, city roads excellent; secondary roads may be rough. Downtown parking tiresome. Advisable to use parking lot; illegally parked cars may be impounded during rush hours.

By Bus: Excellent city service, with transfer system. Board at front, alight through rear door.

By Taxi: Plenty of cabs to be hailed or phoned (681-3311).

By Coach: Comfortable and reasonable; see p. 32.

By Ferry: Canadian Pacific (p. 31) service: Vancouver-Nanaimo with thru coach to Victoria. B.C. Coast Ferries (phone 683-4481) Vancouver-

Gulf Islands. Black Ball service from Horseshoe Bay-Langdale-Bowen Island.

By Motor Cruiser: Tour harbour and Indian Arm with Harbour Navigation Co. (p. 32).

By Bicycle: Rent from Stanley Park Rentals, 676 Chilco St.

By Ski-lift: Up Grouse, Seymour, Hollyburn Mts. Phone 683-2421.

By Air: Several flights daily to Vancouver Island, Seattle, northern resorts. Ask CPA or travel agent.

DISTANCES BY ROAD

From Vancouver to	BANFF	is 579 miles	926 km
	CALGARY	654	1046
	EDMONTON	839	1342
	KELOWNA	291	466
	LETHBRIDGE	701	1122
	LOS ANGELES	1320	2112
	PENTICTON	253	405
	PORTLAND, ORE.	317	507
	SAN FRANCISCO	1050	1680
	SPOKANE, WASH.	412	659

STARTING FROM VANCOUVER

Visit HORSESHOE BAY (10 miles) on the way to SQUAMISH (42), entrance to picturesque Paradise Valley. NEW WESTMINSTER(15), BC's oldest mainland city, with Irving House Museum. At BURNABY (8), a breathtaking view from Central and Mountain Parks. For spectacular scenery along the North Shore, see MOUNT SEYMOUR PROVINCIAL PARK (8), WHYTE-CLIFF PARK (11). STEVESTON (8) is a picturesque fishing village; from there, ferry through the GULF ISLANDS to SIDNEY on Vancouver Island. See historic FORT LANGLEY (29), its museum and reconstruction of Hudson's Bay post of 1850. Tour the FRASER VALLEY: along the north road to HARRISON HOT SPRINGS (76), lakeside resort; take south road through farmlands to CHILLIWACK(66) and HOPE(98). Ferry from Horseshoe Bay to LANGDALE and travel Highway 101 along the Sunshine Coast to POWELL RIVER (75), site of world's largest newsprint mill, and LUND (90). On VANCOUVER ISLAND (by ferry or air), visit provincial capital VICTORIA and see Butchart's Gardens, Chaucer Lane, the Underseas Gardens. ESQUIMALT has reproduction of Anne Hathaway's cottage, parks and beaches of Portage Inlet. See the zoo, astrophysical observatory and spring flowers at SAANICH; the glorious gardens of OAK BAY; the lovely COWICHAN VALLEY; the Bastion at NANAIMO. South from Vancouver, cross the U.S. border at BLAINE (36) with its beautiful

Peace Arch Park; on to BELLINGHAM, Wash. (52) and SEATTLE (145) along the scenic coastal road. Wherever you go, take your camera with you!

GENERAL INFORMATION

Public Holidays: Jan. 1, Good Friday, Easter Monday, Victoria Day (May), Dominion Day (July), Labour Day (Sept.), Thanksgiving Day (Oct.), Nov. 11, Dec. 25, 26.

Police: Vancouver: Navy blue uniform, peaked cap, silver badge. **Federal:** RCMP "Mounties" wear khaki, or ceremonial dress of scarlet jacket, navy breeches.

Medical Services: Excellent.

Electricity: 110 volts AC.

Laundry, Cleaning: Excellent service through hotel; quick, reasonable.

Postage: Stamps from PO, hotel, news-stand, drug-store.Street mailboxes bright red with coat of arms on front. Main P.O. (See p. 32).

Phone: Automatic, highly efficient; long-distance dialing to many Canadian and US cities.

Cables Telegrams: Through Canadian Pacific Telegraphs (see p. 32).

Papers: Vancouver Province (morning) and Sun (evening). No local Sunday papers. Airmail editions of British papers 3 days after publication. Major hotels have NY papers.

Water: Excellent for drinking everywhere in Province.

USEFUL ADDRESSES

C.P. AIR
1004 W. Georgia ..... Tel: 682-1411

C.P. RAIL FERRY
& ALASKA SERVICE
Granville at Cordova ..... Tel: 681-2212

U.K. TRADE COMMISSIONER
602 W. Hastings ..... Tel: 681-8381

U.S. CONSULATE 1030 W. Georgia ... Tel: 685-4311

VANCOUVER VISITORS
& CONVENTION BUREAU
650 Burrard ..... Tel: 682-2222

B.C. INFORMATION CENTER
652 Burrard ..... Tel: 681-5177

TILDEN RENT-A-CAR 745 Burrard ..... Tel: 685-8355

BUDGET RENT-A-CAR
1058 Alberni St. (D., A.X., B. ..... Tel: 685-0536

THOMAS COOK & SON
563 Granville ..... Tel: 684-1277

B.C. AUTOMOBILE ASSN.
845 Burrard.....Tel: 682-4433

GRAY LINE TOURS 150 Dunsmuir.....Tel: 681-6381

WHITE LINE TOURS
1148 W. Georgia.....Tel: 683-6565

HARBOUR NAVIGATION CO.
Ft. Gore Ave.....Tel: 683-7696

NORTHLAND SHIPPING CO.
404 Hornby.....Tel: 682-2138

VANCOUVER TICKET CENTRE
630 Hamilton.....Tel: 683-3255

ROYAL BANK OF CANADA
685 W. Hastings.....Tel: 684-0111

BANK OF MONTREAL 500 Granville....Tel: 681-1241

CANADIAN CUSTOMS
1001 W. Pender.....Tel: 666-1545

MAIN POST OFFICE 349 W. Georgia..Tel: 666-3531

MEDICAL-DENTAL BLDG.
925 W. Georgia.....Tel: 685-9231

TELEGRAMS (CP Telegraphs).....Tel: 681-4231

These Mini-Guides are prepared from current information available, to add to the pleasure of your visit to the cities served by CP Air. Although every attempt is made at accuracy, some changes in prices, addresses, phone numbers, etc. are unavoidable.

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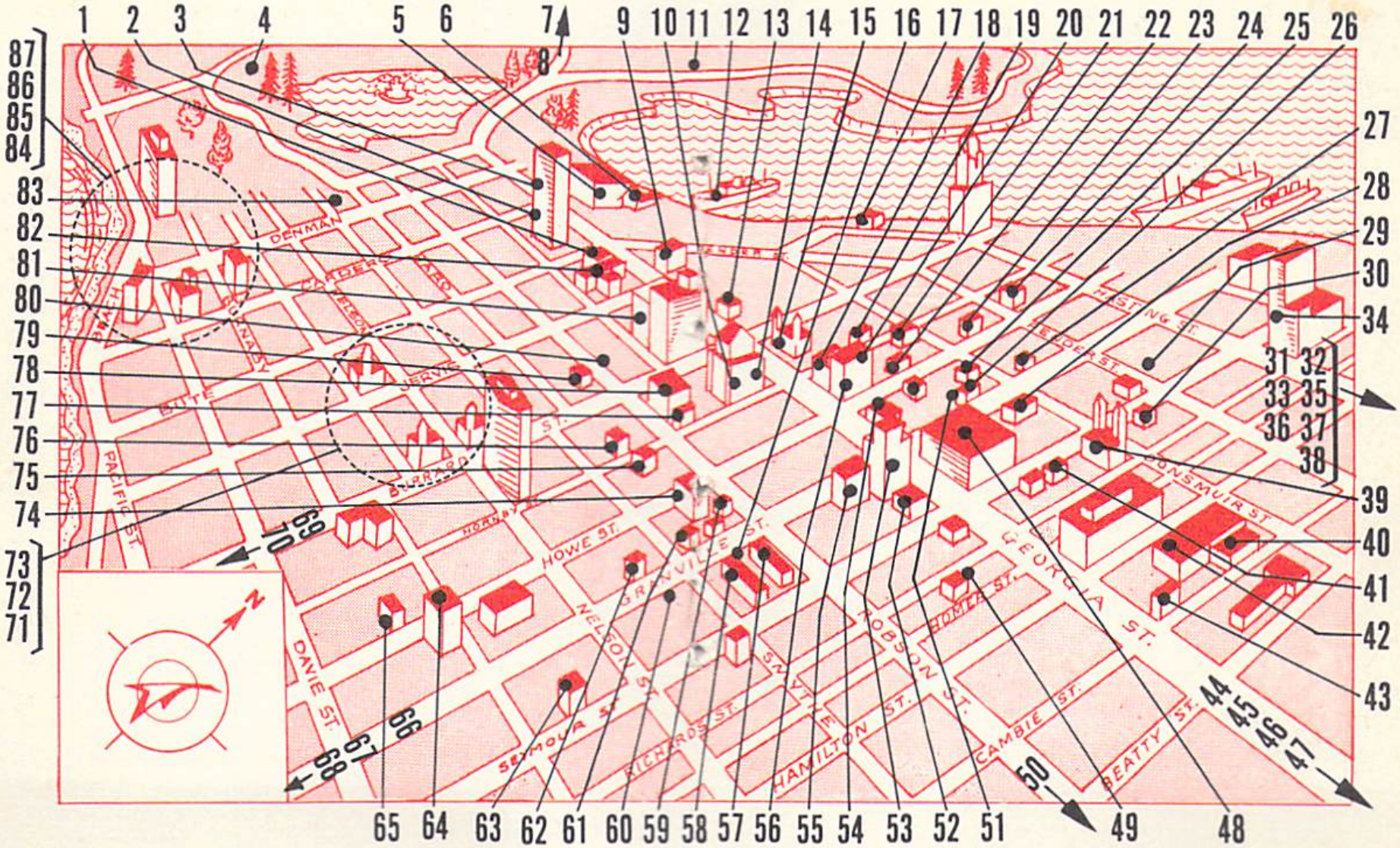
DOWNTOWN VANCOUVER